**Creatures of Habit**

This series was based off of a book that our senior pastor wrote. He has since retired but is passionate about helping churches and people be the healthiest version of themselves. He believes that God has an incredible plan and purpose for life but sometimes bad habits keeps us from the life God wants for us.

The book “Creatures of Habit” was written by Steve Poe. It would be a great resource for this series. You can find the book on Amazon.

If you are looking for more design files, please reach out so we can share those with you!

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